

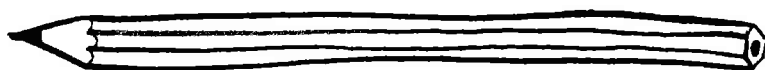
LBRIS

We know
books

the



FAMILY
Project



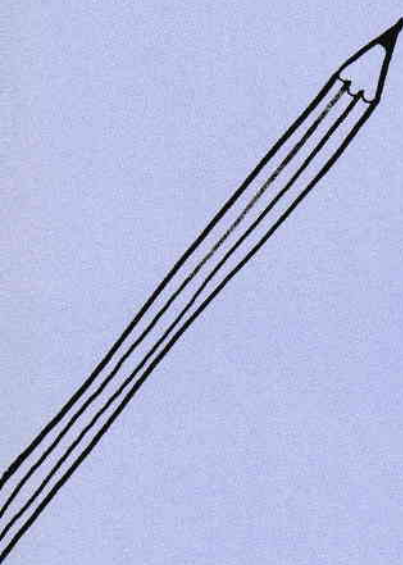
John-Paul Flintoff and Harriet Green

Illustrated by Sarah Jane Coleman



HOW TO USE

This book is yours.



It will only be worth anything when you have made it your own. We've helped around the edges with some ideas and encouragement. Now your job is to fill in the white spaces - to draw or write or paste things where you like.

Think of the book as a time capsule, crammed with all those interesting things about your family that usually slip unrecorded into the past.

Pack the book with stories and with detail, because these make your family unique. The more you put in, the more valuable it will become - the most wonderful, fact-crammed and heartfelt heirloom imaginable.

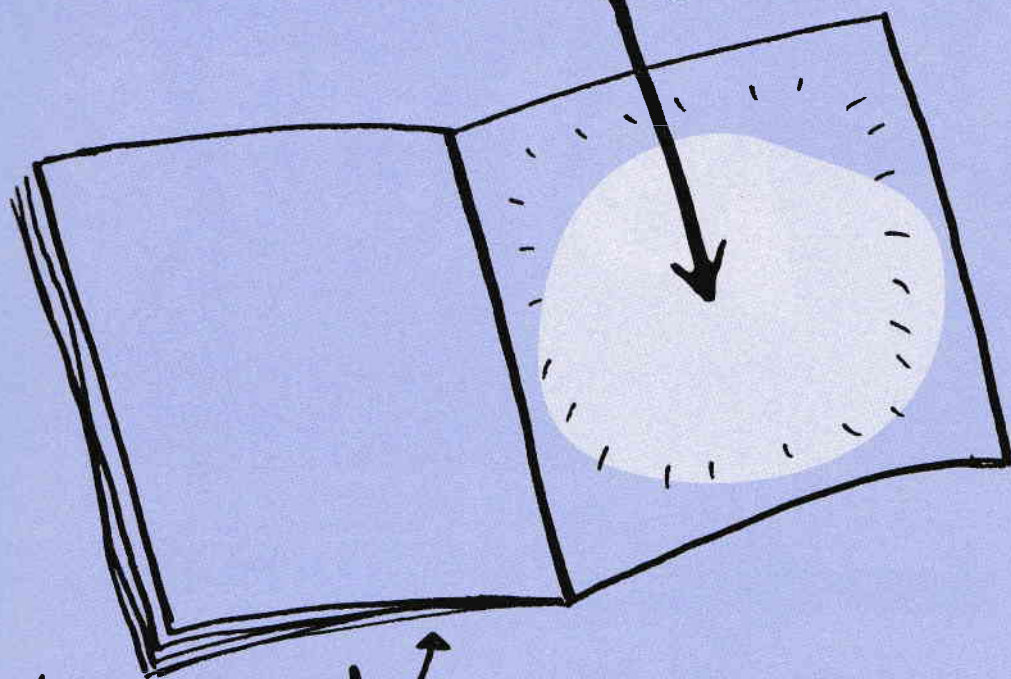
So, have you got your pen out yet?

LBRIS

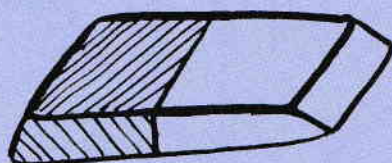
We know
books

THIS BOOK

YOUR
STUFF!



this book ↗



THE RULES

This is a handbook for creative discovery,
so feel free to experiment. If you like structure,
here are some rules.

Just tick the ones you agree with.



1. Making a mess may be necessary ☐
2. Mistakes will teach you something ☐
3. Doing it your own way is the right way ☐
4. Sometimes you won't need to think too hard and other times you'll want to delve a bit deeper ☐
5. Some things may be painful, others will be fun ☐
6. Rule-breaking is to be expected ☐
7. It's ok to add other bits of paper, and hold this book together with a rubber band ☐
8. It is your choice whether you share the results of the book with others - or keep it to yourself ☐

(sign here)

CIRCLE

TALKATIVE

BAD cooperative

ANXIOUS

coltish

Words

Affectionate
RESOLUTE

Intellectual

SUFFOCATING MIXED-RACE
TALL mellow
ALL RIGHT
SAFE

connected
FORTUNATE

Artistic
AWARE

mischievous
absent

NOISY

Clueless

BEST

cautious

Repe

isolated
AFRICAN

DILIGENT

MARVELLOUS

honourable

thereal

BOLD SCOTTISH

DEPENDENT

COMPLEX

double-crossing
poor

STABLE
THRIFTY

INFORMAL

SAFE

PETTY Sneaky

SPORTY

good

COM
HUGGY

JEALOUS

WARM

GRUMPY

benevolent

Coltish

GOURMET

UNITED

FRUGAL

JUMPY

FAIR

shovers

courteous

exciting

LOVING

pus

hearty

passionistic

LARGE

DELUDED

KOREAN

KIND HANDSOME

ent
SILLY AVERAGE Steady MODEST
intuitive going PROUD FAIR
that easygoing FAIR BIG HEARTED Welsh
absent-minded SURPRISING PATIENT
old-fashioned PRAGMATIC sentimental
LAME
MACABRE egocentric UNCOMMUNICATIVE
FRUGAL SAFE SHARING OUTDOORSY
strong generous NEIGHBOURLY ELEGANT
describe INTUITIVE NORWEGIAN sweet WISE
DUS LUCKY dark-humoured honest
AFFABLE complicated SARCASTIC DULL
HED UNSIGHTLY CURIOUS slow MEGA
tuticulate STUPID DEAFENING
YOUR BIASED
assertive accepting BRAVE teasing TRIVIAL
aborative SUPERHUMAN JOLLY
fertile THIN gentle tender COMIC faithful
lert riotous short SLOW GLOOMY
iligent small ORDINARY IMMENSE
utterly great! HEALTHY FAMILY distant



*If you don't know
your family's history,
you don't know anything.
You are a leaf that
doesn't know it is
part of a tree.*

Michael Crichton

NOBODY EXISTS IN ISOLATION

To understand your family is to know yourself. The labels we use to describe ourselves – mother, father, sister, brother, daughter, son – only have meaning because somebody else exists, or used to.

And we all have relations – far more of them than we can usually imagine. The further back in the past we look, the more cousins and second- and third-cousins we discover who are living today. And once we become aware of them, they become part of our family – and extend our sense of ourselves.

“I’m trying to do the family tree” can be one of the best excuses for getting in touch with distant cousins.

